

# The Little Guppies



## Welcome!

We are so glad you have trusted us with your little one. Our guppies class is so special to us. We are thrilled to have a program where we can have infants and teachers who are so kind and devoted to them.

Our Guppies class adjusts to the needs of each infant individually as they are all on different developmental schedules. We work with the families to learn and get to know about each baby and what their needs are. We are here to help as your child starts new stages of development and to help them learn and grow. We love seeing them grow both as individuals and with the friends they make.

Communication happens in lots of ways here. We talk with our parents at drop-off and pick-up. We use our physical daily logs to track bottles, diaper changes, naps and more. Lastly with our HiMama app, we send photo updates, and communicate through messages there as well.

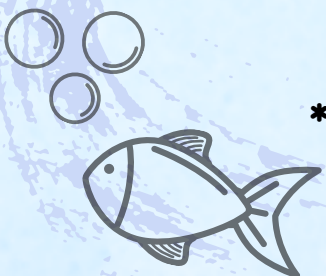
## Supplies your Guppies Will Need

~**Bottles** - each labeled with your child's name, and the date.

~**Fitted Crib Sheet** - A minimum of two, unless you would like the sheet changed daily. This is to be used for naps and will be sent home each week so you can wash it and bring it back.

~**Snacks or Meals** - Once your child starts eating solid foods, we help your child with snacks and meals. Anything that goes in the refrigerator will need to be labeled with your child's name and the date.

**\*\*Based on the list of foods you approve that your child can have or has already tried.**



~**Extra Food** - Three day back up supply of food and formula/breast milk in case of emergencies.



~**Changes of Clothes** - Babies can get messy! From food, to drool from teething, to diaper blow-outs. Please make sure you have plenty of extra clothes for changes throughout the day. Make sure to check their bin often to change out clothes according to weather or size.

~**Diapers** - We do diaper changes every 2 hours, or sooner if needed. Your baby will go through 4-6 diapers a day.

~**Diaper Cream** - We ask that each family brings diaper cream in for their own child's use.

We look forward to getting to know you and your Little Guppies!

